

DOUVRIS

Karate • Fitness • Leadership



Riverside-South Class Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		4:40-5:15 Beginner White/Yellow Belt Ages 7 & up		4:40-5:15 Beginner White/Yellow Belt Ages 7 & up		
	5:20-5:50 Beginner Pre-Karate Ages 4-6	5:20-5:50 Beginner Pre-Karate Ages 4-6	5:20-5:50 Beginner Pre-Karate Ages 4-6	5:20-5:50 Beginner Pre-Karate Ages 4-6		
	6:00-6:35 Beginner White/Yellow Belt Ages 7 & up	6:00-6:35 Beginner White/Yellow Belt Ages 7 & up	6:00-6:35 Beginner White/Yellow Belt Ages 7 & up	6:00-6:35 Beginner White/Yellow Belt Ages 7 & up		
	6:45-7:30 Intermediate Orange/Green Belt Ages 7 & up	6:45-7:30 Intermediate Orange/Green Belt Ages 7 & up	6:45-7:30 Intermediate Orange/Green Belt Ages 7 & up	6:45-7:30 Intermediate Orange/Green Belt Ages 7 & up		
		7:40-8:40 Advanced Blue-Black Belt Ages 7 & up		7:40-8:40 Advanced Blue-Black Belt Ages 7 & up		

EMAIL us at riverside-south@douvriskarate.com for more information!

- In class sessions must be pre-booked by emailing riverside-south@douvriskarate.com
- Pre-booking will be done on a first come, first served basis